

[Outline for Community Resource Card]

WHERE TO START

ASPIRE HEALTH PARTNERS (Behavioral health)
919 E. 2nd St. (Crisis, addiction, counseling, outreach)
407-321-4357

COVENANT HOUSE (meals, clothing shelter, youth 18-20)
407-482-0404

IMPOWER (Behavioral health)
407-215-0095
(Addiction, counseling, outreach, prevention, housing)
impowerfl.org

NATIONAL ALLIANCE ON MENTAL ILLNESS
407-253-1900
(Classes, support groups & resources)
www.namigo.org

PATHWAYS TO HOME (Family housing assistance)
407-268-6363
2921 S. Orlando Dr., Ste 150

RECOVERY HOUSE OF CENTRAL FLORIDA
407-323-5857
(Men's addiction transitional housing)

RESCUE OUTREACH MISSION
(6 am - 10 pm)
407-321-8224
1701 Historic Goldsboro Blvd. (emergency shelter)
(Housing, food, clothing, referrals & outreach)
Emergency Cold Night Shelter, temperatures below 45 degrees

SAFEHOUSE OF SEMINOLE
407-330-3933
(Domestic violence emergency shelter)

SEMINOLE COUNTY COMMUNITY ASSISTANCE
407-665-2300
534 W. Lake Mary Blvd. (Mon. - Fri. 8 am - 5 pm)

www.seminolecountyfl.gov/apply4help

TEEN CHALLENGE SOUTHEAST REGION ORLANDO, FL

407-330-9600

(Christ-centered freedom from addiction for men)

HEALTHCARE SERVICES

AMCC (Medical & dental clinic)

407-588-0556

811 Wilma St., Longwood

<https://amssclinic.org>

FLORIDA DEPT. OF HEALTH IN SEMINOLE COUNTY

407-865-3000

400 W. Airport Blvd

<http://seminole.floridahealth.gov>

ORANGE BLOSSOM FAMILY HEALTH CENTER

(Medical & dental, Mon.- Tues - Thurs. 8 am - 5 pm)

407-447-2642

225 Harvest Time Dr.

SHEPHERD'S HOPE HEALTH CENTER

(Mon. - Wed. arrive at 8 am, Mon. - Thurs. arrive at 4 pm)

407-876-6699, Ext. 239

600 N. Hwy. 17-92, Ste.124, Longwood

www.shepherdshope.org

TRUE HEALTH (Mytruehealth.org)

407-322-8645

4930 E. Lake Mary Blvd., Sanford

400 Airport Blvd., Sanford

1120 Sr 436, Ste 1200, Casselberry (Walk-ins)

VETERANS

HOMELESS VETERANS PROGRAM

877-424-3838

ORLANDO VA MEDICAL CENTER (nurse, triage, appts.)

407-599-1404

SEMINOLE COUNTY VETERANS' SERVICES
407-665-2300 534
W. Lake Mary Blvd.

VETERANS CRISIS LINE
(Mon. - Fri, 8 am - 5 pm)
800-273-8255, Ext. 1

FOOD/CLOTHING/HYGIENE/UTILITIES

CATHOLIC CHARITIES OF CENTRAL FL
407-658-1818

FL DCF - SEMINOLE ACCESS SERVICE CENTER
866-762-2237
225 Harvest Time Dr. www.myflorida.com/accessflorida

IGLESIA MISIONERA UNA NUEVA ESPERANZA (Pantry)
407-694-5888
2921 Orlando Dr., Ste. 210 (Thurs. 1 pm - arrive early)

JEWISH FAMILY SERVICES
407-644-7593
2100 Lee Rd., Winter Park [www.
Jfsorlando.org](http://www.Jfsorlando.org)

LLH.EAP. (1 time utility assistance)
407-688-5167

MEALS ON WHEELS.
407-333-8877

THE SALVATION ARMY (pantry)
700 W. 24th St.

ST VINCENT DE PAUL
407-330-4400

THE CHRISTIAN SHARING CENTER (Food pantry)
400 W. Airport Blvd (Thurs. 4 pm - 6 pm)

THE SHARING CENTER OASIS (Drop-in center)
(Mon. - Fri, 8 am - noon) (Shower, laundry, haircut, meals, food, case management,
counseling)
407-260-9155
600 N. Hwy. 17-92, Ste. 114, Longwood

WEDNESDAY WASHDAY
(Free Laundry 8:30- 9:30 am)
407-322-2642, Ext. 25001
1516 French Ave.
The Laundromat in Winn Dixie Plaza

WIC PROGRAM
(Nutrition for women, infants & children)
407-665-3705
Locations in Sanford & Casselberry

EMPLOYMENT

CAREERSOURCE CENTRAL FLORIDA
(Mon. - Thurs. 8 am - 5 pm, Fri. 9 am - 5 pm)
407-531-1231
www.careersourcecentralflorida.com
1209 W. Airport Blvd.

CHRISTIAN HELP EMPLOYMENT & RESOURCE CTR.
(Job search, resume assistance, leads, resources)
407-834-4022
450 Seminola Blvd., Casselberry

GOODWILL INDUSTRIES (Job counseling)
(Mon. - Fri. 9 am - 5 pm, 1st Sat. 9 am - 2 pm)
407-936-0469
4516 W. SR. 46

HIRE QUEST DIRECT (Temporary work)
(Mon. - Fri. 9 am - 2 pm)
321-363-0033
2920 S. Orlando Ave.

HIS HEALING HAND (Ex-offender help)
407-219-7625

www.hishealinghand.com

LABOR FINDERS (Temporary Work)

(Mon. - Fri. 6 am - 6 pm)

407-302-1939

1008 S. French Ave.

IDignity

IDignity provides identification (birth certificates, Florida ID cards, driver's licenses, Social Security cards and VA benefits) for the poor at monthly clinics.

IDignity Orlando: 407-792-1374 idignity.org/events

IDignity Seminole: 407-869-0491 seminole.idignity.org/events

IDignity Volusia: 386-320-3033. volusia.idignity.org/events

MEAL SHARING LOCATIONS

MONDAY -FRIDAY

Rescue Outreach Mission

1701 Historic Goldsboro Blvd.

Lunch: 12 -12:30 pm

Dinner. 5:30 - 6pm

MONDAY

Lion of Judah House of Worship

2548 Park Dr.

Dinner to go: 5:30 - 6pm.

TUESDAY

One Hope Intemational

Rescue Outreach Mission

1701 Historic Goldsboro Blvd.

Dinner: 3rd Tuesday, 6 - 7pm

Grace 'n' Grits Ministries

Centennial Park

4th St. & Park Ave.

Lunch: 11 am -Noon

WEDNESDAY

Grace 'n' Grits Ministries

First United Methodist Church

5th St. & Magnolia Ave.

Dinner: 6 - 7 pm

THURSDAY

Lion of Judah House of Worship
2548 Park Dr. (also clothing, toiletries)
Dinner to go: 5:30 - 6:30pm

SATURDAY

Harvest Time International
225 Harvest Time Dr.
Dinner 3rd Saturday, 5:30 - 6:30 pm

Starlight Baptist Church
Lake Carola at Ft. Mellon Park
Lunch: 11am - 1:30 pm

Grace 'n' Grits Ministries
First United Methodist Church
5th St. & Magnolia Ave.
Breakfast: 8 - 8:30am

SUNDAY

Lion of Judah House of Worship
2548 Park Dr.
Lunch: 1pm - 2pm

The Picnic Project
First United Methodist Church
5th St. & Magnolia Ave.
Lunch: 1pm - 2pm

OTHER IMPORTANT NUMBERS

ACT to A.C.T. (Advocacy & Holistic Support)
407-391-5263
800 Historic Goldsboro Blvd.
Acttoact.org

COMMUNITY LEGAL SERVICES OF MID FL
407-322-8983
315 S Magnolia Ave

HOMELESS SERVICES NETWORK HUB

(Mon. 1:30 -4 pm)

Dial 211

530 Dog Track Rd., Longwood

SCPS - FAMILIES IN NEED

(Office Hours: 8 am -4 pm)

407-320-0255

Email: FIN@scps.org

SEMINOLE COUNTY LEGAL AID SOCIETY

407-834-1660

101W.PalmettoAve.,Longwood

24/7 HOTLINES

FLORIDA ABUSE HOTLINE

800-962-2873

NATIONAL HUMAN TRAFFICKING HOTLINE

888-373-7888

NATIONAL RUNAWAY SAFELINE

800-RUN-AWAY

SUICIDE PREVENTION LIFELINE

800-273-8255

VICTIM SERVICE CENTER (Sexual/violent crime, trauma)

407-500-HEAL

600 N. Hwy 17-92, Ste. 168, Longwood