

21 DAYS

OF PRAYER AND FASTING

S.O.A.P. JOURNAL



SCRIPTURE //

He must become greater and greater, and I must become less and less.

John 3:30 (NLT)

OBSERVATION //

APPLICATION //

PRAYER //

SCRIPTURE //

“I am leaving you with a gift—peace of mind and heart. And the peace I give is a gift the world cannot give. So don’t be troubled or afraid.

John 14:27 (NLT)

OBSERVATION //

APPLICATION //

PRAYER //

SCRIPTURE //

Real wisdom, God's wisdom, begins with a holy life and is characterized by getting along with others. It is gentle and reasonable, overflowing with mercy and blessings, not hot one day and cold the next, not two-faced. You can develop a healthy, robust community that lives right with God and enjoy its results only if you do the hard work of getting along with each other, treating each other with dignity and honor.

James 3:18 (MSG)

OBSERVATION //

APPLICATION //

PRAYER //

SCRIPTURE //

Don't fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns. Before you know it, a sense of God's wholeness, everything coming together for good, will come and settle you down. It's wonderful what happens when Christ displaces worry at the center of your life. Phillipians 4:6-7 (MSG)

OBSERVATION //

APPLICATION //

PRAYER //

SCRIPTURE //

For the Son of Man came to seek and save those who are lost.”
Luke 19:10 (NLT)

OBSERVATION //

APPLICATION //

PRAYER //

SCRIPTURE //

No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.
1 Corinthians 10:13 (NIV)

OBSERVATION //

APPLICATION //

PRAYER //

SCRIPTURE //

I urge you, first of all, to pray for all people. Ask God to help them; intercede on their behalf, and give thanks for them. 2 Pray this way for kings and all who are in authority so that we can live peaceful and quiet lives marked by godliness and dignity. 3 This is good and pleases God our Savior, 4 who wants everyone to be saved and to understand the truth.

1 Timothy 2:1-4 (NLT)

OBSERVATION //

APPLICATION //

PRAYER //

SCRIPTURE //

Let all that I am praise the Lord;
 may I never forget the good things he does for me.
He forgives all my sins
 and heals all my diseases.

Psalm 103:2-3 (NLT)

OBSERVATION //

APPLICATION //

PRAYER //

SCRIPTURE //

If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him.

James 1:5 (ESV)

OBSERVATION //

APPLICATION //

PRAYER //

SCRIPTURE //

For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places.

Ephesians 6:12 (NLT)

OBSERVATION //

APPLICATION //

PRAYER //

SCRIPTURE //

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. 13 Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. 14 And over all these virtues put on love, which binds them all together in perfect unity.
Colossians 3:12-14 (NIV)

OBSERVATION //

APPLICATION //

PRAYER //

SCRIPTURE //

For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.
Ephesians 2:10 (ESV)

OBSERVATION //

APPLICATION //

PRAYER //

SCRIPTURE //

Seek the Lord and his strength;
seek his presence continually!
1 Chronicles 16:11 (ESV)

OBSERVATION //

APPLICATION //

PRAYER //

SCRIPTURE //

When right-living people bless the city, it flourishes;
evil talk turns it into a ghost town in no time.
Proverbs 11:11 (MSG)

OBSERVATION //

APPLICATION //

PRAYER //

SCRIPTURE //

For he will rescue you from every trap
and protect you from deadly disease.
4 He will cover you with his feathers.
He will shelter you with his wings.
His faithful promises are your armor and protection.
Psalm 91:3-4 (NLT)

OBSERVATION //

APPLICATION //

PRAYER //

SCRIPTURE //

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others
above yourselves, 4 not looking to your own interests but each of you to the interests of
the others.
Philippians 2:3-4 (NIV)

OBSERVATION //

APPLICATION //

PRAYER //

SCRIPTURE //

And my God will liberally supply (fill until full) your every need according to His riches in glory in Christ Jesus.

Philippians 4:19 (AMP)

OBSERVATION //

APPLICATION //

PRAYER //

SCRIPTURE //

Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear.

Ephesians 4:29 (ESV)

OBSERVATION //

APPLICATION //

PRAYER //

SCRIPTURE //

When God wanted to guarantee his promises, he gave his word, a rock-solid guarantee—God can't break his word. And because his word cannot change, the promise is likewise unchangeable. We who have run for our very lives to God have every reason to grab the promised hope with both hands and never let go. It's an unbreakable spiritual lifeline, reaching past all appearances right to the very presence of God where Jesus, running on ahead of us, has taken up his permanent post as high priest for us, in the order of Melchizedek.

Hebrews 6:18-19 (MSG)

OBSERVATION //

APPLICATION //

PRAYER //

SCRIPTURE //

Therefore, since we have such a hope, we are very bold.
2 Corinthians 3:12 (NIV)

OBSERVATION //

APPLICATION //

PRAYER //

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